



Red Dragon Martial Arts

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Winter 2023/Spring 2024 Class Schedule *starts November 27th, 2023

Time	Class	Criteria
Monday		
3:15—4:15 p.m.	Beginner/Intermediate Karate	White-blue belts
4:15 – 5:15 p.m.	Beginner Karate	White-orange belts ONLY
5:15 – 6:15 p.m.	Intermediate/Advanced Karate	Green-black belts
6:15—6:45 p.m.	Grappling	Orange-black belts
6:45 – 7:45 p.m.	Beginner/Intermediate Karate	White-blue belts
Tuesday		
3:45—4:15 p.m.	Youth Grappling	Orange-black belts
4:15 – 5:15 p.m.	Intermediate/Advanced Karate	Green-black belts
5:15 – 6:15 p.m.	Beginner/Intermediate Karate	White-blue belts
6:15 – 7:15 p.m.	Advanced/Intermediate Karate	Purple-black belts
7:15—7:45 p.m.	Weapons (Sticks/Knives)	Purple-black belts
7:45—8:15 p.m.	Black Belt Class (Takenoko: 3 rd Tuesday)	Black Belts only
Wednesday		
3:15—4:15 p.m.	Beginner/Intermediate Karate	White-blue belts
4:15 – 5:15 p.m.	Beginner Karate	White-orange belts
5:15 – 6:15 p.m.	Intermediate/Advanced Karate	Green-black belts
6:15—6:45 p.m.	Weapons (Sticks/Knives)	Purple-black belts
6:45 – 7:45 p.m.	Beginner/Intermediate Karate	White-blue belts
7:45—8:15 p.m.	Grappling	Orange-black belts
Thursday		
3:45—4:15 p.m.	Weapons (Sticks)	Green-black belts
4:15 – 5:15 p.m.	Intermediate/Advanced Karate	Green-black belts
5:15 – 6:15 p.m.	Beginner/Intermediate Karate	White-blue belts
6:15 – 7:15 p.m.	Advanced/Intermediate Karate	Purple-black belts
7:15—8:15 p.m.	Sparring	Green-black belts
Friday		
3:45—4:15 p.m.	Takenotane (Sempei Leadership program)	*by invitation only; 3 rd Friday of month
4:15 – 5:15 p.m.	Intermediate/Advanced Karate	Green-red belts
5:15 – 6:15 p.m.	Sparring	Green-black belts
6:15 – 7:15 p.m.	Black Belt Karate and Black Belt Prep	Brown-black belts only
Saturday		
8:30—9:00 a.m.	Little Dragons	Ages 4-5 years old
9:15—10:15 a.m.	Beginner Karate	White-orange belts only
10:15—11:15 a.m.	Intermediate Karate	Green-blue belts ONLY
11:15—12:15 p.m.	Grappling	Orange-black belts
12:15—12:45 p.m.	Weapons (sticks)	Purple-black belts

Beginners: White, Yellow, Orange belts · Intermediate: Green, Purple, Blue belts · Advanced: Red, Brown, Black belts