**Red Dragon Martial Arts**

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*Effective May 24, 2019*

**Time Class Ages**

**Monday**

4:30 – 5:00 p.m. Little Dragons Ages 3 – 5 yrs

5:15 – 6:15 p.m. Youth Karate Ages 6 – 12 yrs

6:15 – 7:15 p.m. Family Karate Ages 6+ yrs

7:15 – 8:00 p.m. Cardio Kickboxing Ages 13+ yrs

**Tuesday**

3:45 – 4:15 p.m. Little Dragons Ages 3 – 5 yrs

4:30 – 5:30 p.m. Youth Karate Ages 6 – 12 yrs

5:30 – 6:15 p.m. Youth Weapons Ages 6 – 12 yrs

6:15 – 7:15 p.m. Sparring Ages 6+ yrs

7:30 – 8:30 p.m. Adult Weapons Ages 13+ yrs

**Wednesday**

4:30 – 5:00 p.m. Little Dragons Ages 3 – 5 yrs

5:15 – 6:15 p.m. Youth Karate Ages 6 – 12 yrs

6:15 – 7:15 p.m. Family Karate Ages 6+ yrs

7:15 – 8:00 p.m. Cardio Kickboxing Ages 13+ yrs

**Thursday**

3:45 – 4:15 p.m. Little Dragons Ages 3 – 5 yrs

4:30 – 5:15 p.m. Youth Grappling Ages 6 – 12 yrs

5:15 - 6:15 p.m. Youth Karate Ages 6 – 12 yrs

6:15 - 7:15 p.m. Family Karate Ages 6+ yrs

7:30 - 8:30 p.m. Adults Jujutsu Ages 13+ yrs

**Saturday**

No Classes

\*Belt Testing will be held on Saturday, July 13th from 10:00am-4:30pm; Potluck will follow from 5-7pm

Summer Camps run Monday-Friday 8am-4pm all summer. Contact Sensei Melinda to register.