



Red Dragon Martial Arts

5545 Olde Wadsworth Blvd • Arvada, Colorado 80002 • Phone 303-550-7967
melinda@reddragonmartialart.com • www.reddragonmartialart.com

Spring 2024 Class Schedule

Time	Class	Criteria
Monday		
3:15—4:15 p.m.	Beginner/Intermediate Karate	White-blue belts
4:15 – 5:15 p.m.	Beginner YOUTH Karate	White-orange, ages 5-12yrs ONLY
5:15 – 6:15 p.m.	Intermediate/Advanced Karate	Green-black belts
6:15—7:15 p.m.	Beginner/Intermediate Karate	White-blue belts
Tuesday		
3:45—4:15 p.m.	Beginner/Intermediate Grappling	Orange-red belts
4:15 – 5:15 p.m.	Intermediate/Advanced Karate	Green-black belts
5:15 – 6:15 p.m.	Beginner/Intermediate Karate	White-blue belts
6:15 – 7:15 p.m.	Advanced/Intermediate Karate	Purple-black belts
7:15—8:15 p.m.	Advanced Grappling	Red-black belts
Wednesday		
3:15—4:15 p.m.	Beginner/Intermediate Karate	White-blue belts
4:15 – 5:15 p.m.	Beginner YOUTH Karate	White-orange, ages 5-12yrs ONLY
5:15 – 6:15 p.m.	Intermediate/Advanced Karate	Green-black belts
6:15—7:15 p.m.	Beginner/Intermediate Karate	White-blue belts
7:15—8:15 p.m.	Beginner/Intermediate Grappling	Orange-blue belts
Thursday		
4:15 – 5:15 p.m.	Intermediate/Advanced Karate	Green-black belts
5:15 – 6:15 p.m.	Beginner/Intermediate Karate	White-blue belts
6:15 – 7:15 p.m.	Advanced/Intermediate Karate	Purple-black belts
7:15—8:15 p.m.	Advanced Sparring	Red-black belts
Friday		
3:45—4:15 p.m.	Takenotane (Sempai Leadership program)	*by invitation only; 3 rd Friday of month
4:15 – 5:15 p.m.	Intermediate/Advanced Karate	Green-red belts
5:15 – 6:15 p.m.	Beginner/Intermediate Sparring	Green-red belts
6:15 – 7:15 p.m.	Black Belt Karate and Black Belt Prep	Brown-black belts only
Saturday		
9:15—10:15 a.m.	Beginner Karate	White-orange belts only
10:15—11:15 a.m.	Intermediate Karate	Green-blue belts ONLY
11:15—12:15 p.m.	Beginner/Intermediate Grappling	Orange-blue belts
12:15—12:45 p.m.	Weapons (sticks)	Purple-black belts

Beginners: White, Yellow, Orange belts · Intermediate: Green, Purple, Blue belts · Advanced: Red, Brown, Black belts