



Red Dragon Martial Arts

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Spring 2023 Class Schedule

Time	Class	Criteria
Monday		
4:15 – 5:15 p.m.	Beginner Youth Karate	Ages 5-12 yrs; White-orange belts
5:15 – 6:15 p.m.	Intermediate/Advanced Karate	Ages 6+ yrs; Green-black belts
6:15 – 7:15 p.m.	Beginner Karate	Ages 5+ yrs; White-green belts
7:15 – 8:15 p.m.	Teen/Adult Karate	Ages 12+ yrs; all belt levels
Tuesday		
4:15 – 5:15 p.m.	Intermediate/Advanced Karate	Ages 5+ yrs; Green-brown belts
5:15 – 6:15 p.m.	Beginner Youth Karate	Ages 5+ yrs; White-purple belts
6:15 – 7:15 p.m.	Advanced Karate	Ages 8+ yrs; Blue-black belts
Wednesday		
4:15 – 5:15 p.m.	Beginner Youth Karate	Ages 5-12 yrs; White-orange belts
5:15 – 6:15 p.m.	Intermediate/Advanced Karate	Ages 6+ yrs; Green-black belts
6:15 – 7:15 p.m.	Beginner Karate	Ages 5+ yrs; White-green belts
7:15 – 8:15 p.m.	Teen/Adult Karate	Ages 12+ yrs; all belt levels
Thursday		
4:15 – 5:15 p.m.	Intermediate/Advanced Karate	Ages 5+ yrs; Green-brown belts
5:15 – 6:15 p.m.	Beginner Youth Karate	Ages 5+ yrs; White-purple belts
6:15 – 7:15 p.m.	Advanced Karate	Ages 8+ yrs; Blue-black belts
7:15 – 8:15 p.m.	Advanced Grappling	Ages 8+ yrs; Blue-black belts
Friday		
4:15 – 5:15 p.m.	Beginner Karate	Ages 5+ yrs; White-orange belts
5:15 – 6:15 p.m.	Intermediate/Advanced Karate	Ages 6+ yrs; Green-red belts
6:15 – 7:15 p.m.	Sparring	Ages 6+ yrs; All belts
7:15 – 8:15 p.m.	Black Belt Karate	Ages 10+ yrs; Brown-black belts only
Saturday		
8:30 – 9:30 a.m.	Beginner/Intermediate Karate	Ages 5+ yrs; White-blue belts
9:30 – 10:30 a.m.	Beginner/Intermediate Grappling	Ages 6+ yrs; Orange-blue belts

Beginners: White, Yellow, Orange belts · Intermediate: Green, Purple, Blue belts · Advanced: Red, Brown, Black belts

Little Dragons: ages 4-6 yrs

Youth: ages 5-12 yrs.

Family: 5+ yrs

Teen/Adult: ages 12+ yrs