**Red Dragon Martial Arts**

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*Effective April 1, 2019*

**Time Class Ages**

**Monday**

4:30 – 5:00 p.m. Little Dragons Ages 3 – 5 yrs

5:15 – 6:15 p.m. Youth Karate Ages 6 – 12 yrs

6:15 – 7:15 p.m. Family Karate Ages 6+ yrs

7:15 – 8:00 p.m. Cardio Kickboxing Ages 13+ yrs

**Tuesday**

12:00 – 1:00 p.m. Karate for Homeschoolers All Ages

3:45 – 4:15 p.m. Little Dragons Ages 3 – 5 yrs

4:30 – 5:30 p.m. Youth Karate Ages 6 – 12 yrs

5:30 – 6:15 p.m. Youth Weapons Ages 6 – 12 yrs

6:15 – 7:15 p.m. Sparring Ages 6+ yrs

7:30 – 8:30 p.m. Adult Weapons Ages 13+ yrs

**Wednesday**

4:30 – 5:00 p.m. Little Dragons Ages 3 – 5 yrs

5:15 – 6:15 p.m. Youth Karate Ages 6 – 12 yrs

6:15 – 7:15 p.m. Family Karate Ages 6+ yrs

7:15 – 8:00 p.m. Cardio Kickboxing Ages 13+ yrs

**Thursday**

12:00 – 1:00 p.m. Karate for Homeschoolers All Ages

3:45 – 4:15 p.m. Little Dragons Ages 3 – 5 yrs

4:30 – 5:15 p.m. Youth XMA/Grappling Ages 6 – 14 yrs

5:15 - 6:15 p.m. Youth Karate Ages 6 – 14 yrs

6:15 - 7:15 p.m. Family Karate Ages 6+ yrs

7:30 - 8:30 p.m. Adults Jujutsu Ages 13+ yrs

**Saturday**

8:30 – 9:00 a.m. Little Dragons Ages 3 – 5 yrs

9:15 – 10:15 a.m. Youth Karate Ages 6 – 12 yrs

10:15 – 11:00 a.m. Youth Grappling Ages 6 – 12 yrs

11:00 – 12:00 p.m. Family Karate Ages 6+ yrs