**Red Dragon Martial Arts**

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*Effective August 24, 2020*

**Time Class Criteria**

**Monday**

3:15 – 4:00 p.m. Online Karate All ages

4:30 – 5:00 p.m. Little Dragons Ages 3 – 5 yrs

5:15 – 6:15 p.m. Beginner Karate (Face Masks required) White – Orange belts only

6:15 – 7:15 p.m. Advanced Karate Green – Black belts only

**Tuesday**

3:15 – 4:15 p.m. Youth Karate Ages 5-12 yrs; all belt levels

4:15 – 5:15 p.m. Beginner Karate White – Orange belts only

5:15 – 6:15 p.m. Advanced Karate Green – Black belts only

6:15 – 7:15 p.m. Family Karate All Ages; all belt levels

7:30 – 8:15 p.m. Cardio Kickboxing Ages 12yrs +

**Wednesday**

3:15 – 4:00 p.m. Online Karate All ages

4:30 – 5:00 p.m. Little Dragons Ages 3 – 5 yrs

5:15 – 6:15 p.m. Beginner Karate White – Orange belts only

6:15 – 7:15 p.m. Advanced Karate Green – Black belts only

**Thursday**

3:15 – 4:15 p.m. Youth Karate Ages 5-12 yrs; all belt levels

4:15 – 5:15 p.m. Beginner Karate White – Orange belts only

5:15 – 6:15 p.m. Advanced Karate Green – Black belts only

6:15 – 7:15 p.m. Family Karate All Ages; all belt levels

7:30 – 8:15 p.m. Cardio Kickboxing Ages 12yrs +

**Friday**

4:15 – 5:15 p.m. All Ages Karate All Ages, all ranks

5:15 – 6:15 p.m. Beginner Karate (Face Masks required) White – Orange belts only

6:15 – 7:15 p.m. Black Belt Class Black belts only