Red Dragon Martial Arts

5545 Olde Wadsworth Blvd • Arvada, Colorado 80002 • Phone 303-550-7967
melinda@reddragonmartialart.com • www.reddragonmartialart.com

Time	Class	Criteria
Monday		
3:15 – 4:10 p.m.	Beginner Karate	White-Green belts only
4:15 – 5:10 p.m.	Beginner/Intermediate Karate	White-Blue belts only
5:15 – 6:10 p.m.	Advanced/Black Belt Karate	Blue-Black belts *sparring pads required
6:15 – 6:45 p.m.	Sparring	Blue-Black belts *sparring pads required
6:45 – 7:15 p.m.	Weapons: Modern Arnis	Brown-Black belts *sticks required
7:15 – 8:10 p.m.	Black Belt Karate	Black belts only
Tuesday		
4:15 – 5:10 p.m.	Advanced/Black Belt Karate	Blue-Black belts *sparring pads required
5:15 – 6:10 p.m.	Beginner/Intermediate Karate	White-Purple belts only
6:15 – 7:10 p.m.	Black Belt Prep	Jr Black and Black Belts only
7:15 – 8:10 p.m.	Advanced Grappling	Blue-black belts only
Wednesday		
3:15 – 4:15 p.m.	Beginner Karate	White-Green belts only
4:15 – 5:10 p.m.	Beginner/Intermediate Karate	White-Blue belts only
5:15 – 6:10 p.m.	Advanced/Black Belt Karate	Blue-Black belts *sparring pads required
6:15 – 7:10 p.m.	All Levels Karate	White-Black belts
7:15 – 8:10 p.m.	Demo Team/Competition Team	1st and 3rd Wed of month
	Takenoko (Teacher Instruction program)	(by invitation only) 2nd Wed of month
Thursday		
3:30 – 4:00 p.m.	Little Dragons	ages 4-6 yrs
4:15 – 5:10 p.m.	Advanced/Black Belt Karate	Blue-Black belts *sparring pads required
5:15 – 6:10 p.m.	Beginner/Intermediate Karate	White-Purple belts only
6:15 – 7:10 p.m.	Black Belt Prep	Black Belt candidates only
7:30 – 9:30 p.m.	Swords	(separate registration required)
Friday		
4:15 – 5:10 p.m.	Beginner/Intermediate Karate	White-Purple belts only
5:15 – 6:10 p.m.	Advanced/Black Belt Karate	Blue-Black belts *sparring pads required
6:15 – 7:10 p.m.	Black Belt Prep	Jr Black and Black Belts only
7:15 – 7:45 p.m.	Sparring	Blue-Black belts *sparring pads required
7:45 – 8:15 p.m.	Weapons: Creative	Green-Black belts
Saturday		
9:15 – 10:10 a.m.	Beginner Karate	White-Orange belts only
10:15 – 11:10 a.m.	Intermediate/Advanced Karate	Green-Brown belts *sparring pads required
11:15 – 11:45 a.m.	Grappling	Orange-Black belts
11:45 – 12:15 p.m.	Little Dragons	ages 4-6 yrs
Sunday		
9:30 – 11:30 a.m.	Swords	(separate registration required)