



# Red Dragon Martial Arts

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Fall 2024 Class Schedule \*starts August 12<sup>th</sup>, 2024

Time	Class	Criteria
<b>Monday</b>		
4:15 – 5:15 p.m.	Beginner/Intermediate Karate	White-blue belts only
5:15 – 6:15 p.m.	Advanced/Intermediate Karate	Green-brown belts only
6:15 – 7:15 p.m.	Beginner/Intermediate Karate	White-Blue belts only
7:15 – 8:15 p.m.	Advanced Grappling	*min 1 yr beg grappling req.
<b>Tuesday</b>		
4:15 – 5:15 p.m.	Intermediate/Advanced Karate	Green-brown belts
5:15 – 6:15 p.m.	Beginner Karate	White-orange belts only
6:15 – 7:15 p.m.	Advanced Karate/Black Belt Prep	Blue-black belts only
7:15 – 8:15 p.m.	Black Belt Karate	Black Belts only
<b>Wednesday</b>		
4:15 – 5:15 p.m.	Beginner/Intermediate Karate	White-blue belts only
5:15 – 6:15 p.m.	Advanced/Intermediate Karate	Green-brown belts only
6:15 – 7:15 p.m.	Beginner/Intermediate Karate	White-Blue belts only
7:15 – 9:15 p.m.	Swords	*separate reg required
<b>Thursday</b>		
3:45 – 4:15 p.m.	Little Dragons	Ages 4-6 yrs
4:15 – 5:15 p.m.	Intermediate/Advanced Karate	Green-brown belts
5:15 – 6:15 p.m.	Beginner Karate	White-orange belts only
6:15 – 7:15 p.m.	Advanced Karate/Black Belt Prep	Blue-black belts only
7:15 – 8:15 p.m.	Advanced Grappling	*min one year in Beg Grappling req.
<b>Friday</b>		
3:45 – 4:15 p.m.	Takenotane (Leadership program)	3 <sup>rd</sup> Friday of month; by invitation only
4:15 – 5:15 p.m.	Advanced Karate	Blue-brown belts only
5:15 – 6:15 p.m.	Sparring	Blue-black belts
6:15 – 7:15 p.m.	Black Belt Karate/Black Belt Prep	Black belts & Jr. Black Belts only
7:15 – 7:45 p.m.	Takenoko (Teacher Instruction program)	By invitation only
8:15 – 9:15 p.m.	Black Belt Swords	*separate registration required
<b>Saturday</b>		
8:30 – 9:00 a.m.	Little Dragons	Ages 4-6 yrs
9:15 – 10:15 a.m.	Beginner Karate	White-orange belts only
10:15 – 11:15 a.m.	Intermediate Karate	Green-blue belts only
11:15 – 12:15 p.m.	Beginner Grappling	Orange-blue belts
<b>Sunday</b>		
9:30 – 11:30 a.m.	Swords	*separate registration required