



Red Dragon Martial Arts

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Effective October 5, 2020

Time	Class	Criteria
Monday		
3:15 – 4:00 p.m.	Online Karate	All ages
4:30 – 5:00 p.m.	Little Dragons	Ages 3 – 5 yrs
5:15 – 6:15 p.m.	Beginner Karate	White – Orange belts only
6:15 – 7:15 p.m.	Family Karate	All Ages; all belt levels
Tuesday		
3:15 – 4:15 p.m.	Youth Karate	Ages 5-12 yrs; all belt levels
4:15 – 5:15 p.m.	Beginner Karate	White – Orange belts only
5:15 – 6:15 p.m.	Advanced Karate	Green – Black belts only
6:15 – 7:15 p.m.	Family Karate	All Ages; all belt levels
7:30 – 8:15 p.m.	Cardio Kickboxing	Ages 12yrs +
Wednesday		
3:15 – 4:00 p.m.	Online Karate	All ages
4:30 – 5:00 p.m.	Little Dragons	Ages 3 – 5 yrs
5:15 – 6:15 p.m.	Beginner Karate	White – Orange belts only
6:15 – 7:15 p.m.	Family Karate	All Ages; all belt levels
7:15 – 8:15 p.m.	Black Belt Class	Black belts only
Thursday		
3:15 – 4:15 p.m.	Youth Karate	Ages 5-12 yrs; all belt levels
4:15 – 5:15 p.m.	Beginner Karate	White – Orange belts only
5:15 – 6:15 p.m.	Advanced Karate	Green – Black belts only
6:15 – 7:15 p.m.	Family Karate	All Ages; all belt levels
7:30 – 8:15 p.m.	Cardio Kickboxing	Ages 12yrs +
Friday		
3:15 – 4:15 p.m.	Youth Karate	Ages 5-12 yrs; all belt levels
4:15 – 5:15 p.m.	All Ages Karate	All Ages, all ranks

****DUE TO COLORADO'S CURRENT COVID-19 MASK ORDER: FACE MASKS ARE REQUIRED IN ALL CLASSES****